

# Instructions for Upper Endoscopy (Afternoon Appointment)

Date: \_\_\_\_\_ @ \_\_\_\_\_

1. **Nothing to eat or drink** after midnight the night before the procedure. (except water)
2. You may have **water** from midnight until 4 hours prior to procedure.  
**No water after \_\_\_\_\_ am.**
3. You may take **required medications** that morning with water.
4. **Required medications** include anything for: blood pressure, heart, anxiety, depression or pain. Use your Inhaler Devices as directed.
5. On the day of the procedure, insulin or diabetes medication should not be taken until after the test is completed. Be sure to tell us if you are a diabetic so that you can be scheduled early in the day.

**\*Check your Blood Sugar before you come in for your procedure and bring the results with you.\***

## BLOOD THINNER MEDICATIONS:

You must be sure to **inform the doctor or nurse if you are on any blood thinners**. Blood thinners may have to be stopped in advance for conditions such as Dysphagia (trouble swallowing), Barrett's Esophagus, Schatzki's Ring or Esophageal Lesions.

## Blood Thinners

\*Coumadin (Jantoven/Warfarin) \*Persantine(Dipyridamole) \*Plavix(Clopidogrel Bisulfate) \*Xarelto  
\*Savaysa \*Ticlid(Ticlopidine) \*Aggrenox(dipyridamole) \*Pletal(Cilostazol) \*Heparin \*Eliquis(apixaban)  
\*Trental \* (Pentoxifylline) \*Pradaxa (dabigatran) \*Effient(prasugrel) \*Arixtra (fondaparinux)  
\*Brilinta

**YOU MUST BRING A DRIVER.** You will be sedated for the procedure and **you will need someone to drive you home.** Please tell your driver to remain in the parking lot or building until you are discharged.



If you do not follow these instructions,  
we may not be able to administer any anesthesia/sedation